For a day that's all about celebrating superheroes, it's no surprise that National Superhero Day was founded by Marvel Comics in 1995. A team of interns from the company traveled around central Pennsylvania to find out what the public thought about superheroes and what kind of super powers they would like to have. Now, every year since its birth on April 28, 1995, people come together annually on this day to celebrate all their favorite heroes. This is a day to honor the superheroes in our lives—not just those we enjoy in books and movies but also those who are real—such as doctors, firefighters, and teachers, just to name a few.

Celebrate National Superhero Day on April 28 with your friends and family by talking about the importance of having heroes and being a hero to others.

For fun, you can look the part. Make a mask, wear a cape, design and wear superhero cuffs. Look for templates online. Participate in fun games to hone your superhero skills. Make an obstacle course and see who can run it the fastest. See who can jump the farthest or the highest. Don’t forget to train the brain, as well. Have some puzzles or activities like mazes or word searches for everyone to try. See who can complete theirs the fastest.

Talk about the importance of having heroes in real life, people who make a difference in our lives every day. Anyone can be a superhero—a best friend, a teacher, a doctor or even a family member. Talk about what it is about those people that makes them a superhero. And explore ways in which we all can be a superhero from volunteering to deliver meals to folks who can’t get out or even just offering to help a brother or sister with their homework.
Superheroes are not just comic book characters. There are superheroes all around us - from family members to people in our communities who help us in many ways.

Think about the people in your life who are your everyday heroes and give them a special thanks!

National Superhero Day

Word Search

| D T H F A | L Y C Z | M P Q V N M P X B |
| F E G D A O Y Z D W I B | F L P P O A U N |
| E X D A K Y S R I X G W T S O Y M M C Q |
| Z A T K L T X R F Q F | M I I L C O D B O |
| D A C D L J J A O O Z I C S | I D O N H I |
| L H P A R A M E D I C L K T C G | W A K D |
| O C M B K N E H X F Y I C E E X X R L N |
| B G F U Z S E L C N U T W R W Y H G N Q |
| D R I F N G F T B W Z A M Z O | S R Y B N |
| V A R S T J M R S U I R T J | M K F S R Z |
| C N E P T I N J I Z X Y D O A D D R O U |
| V D F I J Y F A E B O W N B | M E T R |
| I P I V M J G J M A N | R P C B D U H H Z |
| J A G R O T C O D E B D O R J P | T C E A |
| A C H P E N B Q C F C V S D W Y T A R Y |
| Z L T D P G O L N S B I U A N I N E G R |
| V M E A K J Y V J T O L U D | U A T K Z |
| N T R I Y P K R O T I N R O D Y R R N K |
| Z R Z Y R O C V Q M R K U I P E Y S V Q |
| M G S Y V U A F T O T F N A W V A C E J |

WORD LIST:

- AUNTS
- BROTHER
- DAD
- DOCTOR
- FAMILY
- FIRE FIGHTER
- FRIENDS
- GRANDMA
- GRANDPA
- MILITARY
- MOM
- NURSE
- PARAMEDIC
- POLICEMAN
- POLICE WOMAN
- SISTER
- TEACHERS
- UNCLE
SPIDER-MAN
HELP SPIDER-MAN SWING
BACK TO THE DAILY BUGLE!
START

END
THE INCREDIBLE HULK
HELP HULK DEFEAT THE ABOMINATION!

START

END
IRON MAN

HELP IRON MAN
FLY BACK TO
STARK TOWER!
Superhero Word Search

AQUAMAN  BATMAN  BLACKPANTHER
BRAVE  CAPTAINAMERICA  CONFIDENT
FAST  FIGHT  HELPFUL
HERO  HULK  IRONMAN
MASK  POW  SMASH
SPIDERMAN  STRONG  SUPER
SUPERMAN  THOR  WONDERWOMAN
Can you detect all the differences between the two scenes? There are 5 differences. Circle the differences.

Can you detect all the differences between the two characters? There are 4 differences. Circle the differences.
SUPERHERO I SPY!